

**USA Gymnastics  
Individual TOP Athlete Profile  
2003, 11 Year Old Regional Testing Results**

**Athlete Name:** Larson, Mattie  
**Club:** All Olympians Gymnastics Center      **State:** CA  
**Birthdate:** 5/20/1992      **Date of Test:** 7/13/2003

| Test  | Mattie                  | National Average | National Best | Points Per Test (0-10) |
|---|-------------------------|------------------|---------------|------------------------|
| <b>Flexibility</b>  |                         |                  |               |                        |
| Shoulder Flexibility                                      | 45                      | 35.10            | 45.00         | 10                     |
| Right Leg Split   | 0                       | 2.84             | 0.00          | 10                     |
| Left Leg Split  | 0                       | 2.88             | 0.00          | 10                     |
| Leg Split Average   |                         |                  |               | 10                     |
| <b>Strength and Power</b>                                 |                         |                  |               |                        |
| Leg Lifts   | 21                      | 16.87            | 25.00         | 8                      |
| Pull Ups  | 20                      | 14.87            | 20.00         | 10                     |
| Vertical Jump   | 24.5                    | 18.16            | 24.50         | 10                     |
| Press Handstand   | 10                      | 4.14             | 10.00         | 10                     |
| Push Ups  | 54                      | 43.15            | 65.00         | 7.5                    |
| 20 Meter Sprint   | 2.70000000<br>00000002* | 3.26             | 2.70          | 10                     |
| Rope Climb  | 6.83000000<br>00000001* | 12.14**          | 5.61          | 9.5                    |
| <b>Flexibility,<br/>Strength &amp; Power<br/>Subtotal</b> |                         |                  | 85.00         | 85                     |

**Totals**

|                           |    |
|---------------------------|----|
| <b>Physical Abilities</b> | 85 |
| <b>Skills Adjusted</b>    | na |
| <b>Total Score</b>        | 85 |

\* = disregard the additional decimal palces  
 \*\* = of those athletes that climbed to the 12 foot mark on the rope.

**2003 Regional TOP Level: National TOP Testing Qualifier**